



A healthy delicious way to start your day, whole quality products without any shortcuts available through our website or third party delivery systems!

MONDAY – FRIDAY 6:45AM TO 10 AM

YOGURT

8.95

- Y1.** Greek yogurt, banana, strawberry, dates, granola, and chia seeds
- Y2.** Greek yogurt, blueberries, strawberries, granola and chia seeds

OATMEAL

4.50

- O1.** Oatmeal, strawberries, blueberries mixed with local honey
- O2.** Oatmeal, banana, chia seeds mixed with local honey

TACOS *Served with salsa*

4.20

- T1.** Egg, bacon, cilantro, cheddar on a flour tortilla
- T2.** Egg, black beans, cilantro & pico de gallo on a flour tortilla

DRIP COFFEE

2.25

WRAPS *Served with salsa*

- W1.** Scrambled egg, bacon, potato & cheddar on a flour tortilla
- W2.** Avocado, fried egg, arugula & cheddar on a flour tortilla

6.95

6.85

BAGEL SANDWICHES *White Bagel*

- B1.** Egg, bacon, cheddar & arugula
- B2.** Egg, turkey bacon, avocado, Swiss & spinach

7.15

7.55

COLD PRESSED JUICES *16oz.*

9.25

- | | |
|--------------------------|---------------------------------|
| HYDRATE + RECOVER | WATERMELON, LIME, MINT |
| ANTI INFLAMMATORY | PEAR, CUCUMBER, GINGER |
| IMMUNITY | CARROT, APPLE, GINGER |
| HEALTHY SKIN | PINEAPPLE, COCONUT, VANILLA |
| DETOX | KALE, CELERY, CARROT, APPLE |
| PERFORMANCE BOOST | BEET, APPLE CARROT, ORANGE ZEST |

EXTRAS AVOCADO \$1.50 SALSA \$1.00 CHEDDAR \$1.00 ALMOND OR OAT MILK \$1.00 LOCAL HONEY \$0.75