



MONDAY – FRIDAY, 6:45AM – 10AM

A healthy delicious way to start your day, whole quality products without any shortcuts available through our website or third party delivery systems!

YOGURT

- Y1.** Greek yogurt with vanilla, banana, strawberry, dates, granola, and chia seeds
- Y2.** Greek yogurt with vanilla, blueberries, strawberries, granola and chia seeds

OATMEAL

- O1.** Oatmeal, strawberries, blueberries mixed with local honey
- O2.** Oatmeal, banana, chia seeds mixed with local honey

TACOS *Served with salsa*

- T1.** Egg, bacon, cilantro, cheddar on a flour tortilla
- T2.** Egg, black beans, cilantro, tomatoes, & red onion on a flour tortilla

DRIP COFFEE

8.95

4.50

4.20

2.25

WRAPS *Served with salsa*

- W1.** Scrambled egg, bacon, potato & cheddar on a flour tortilla
- W2.** Avocado, fried egg, arugula & cheddar on a flour tortilla and salsa

BAGEL SANDWICHES WHITE OR WHEAT

- B1.** Egg, bacon, cheddar & arugula
- B2.** Egg, turkey bacon, avocado, swiss & spinach

COLD PRESSED JUICES *16oz.*

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|--------------------------|---------------------------------|
| HYDRATE + RECOVER | WATERMELON, LIME, MINT |
| ANTI INFLAMMATORY | PEAR, CUCUMBER, GINGER |
| IMMUNITY | CARROT, APPLE, GINGER |
| HEALTHY SKIN | PINEAPPLE, COCONUT, VANILLA |
| DETOX | KALE, CELERY, CARROT, APPLE |
| PERFORMANCE BOOST | BEET, APPLE CARROT, ORANGE ZEST |

6.95

6.85

7.15

7.55

9.25

AVOCADO \$1.50 SALSA \$1.00 CHEDDAR \$1.00 ALMOND MILK \$1.00 LOCAL HONEY \$0.75