Rise & Shine Breakfast

YOGURT BOWL

8.95

NO 1: Greek yogurt with vanilla, banana, dates, strawberry, granola, and chia seeds

NO 2: Greek yogurt with vanilla, blueberries, strawberries, granola and chia seeds

BREAKFAST TACOS 4.20

Served with Red Salsa

NO 1: Egg, bacon, cilantro, cheddar on a flour tortilla

NO 2: Egg, black beans, cilantro & pico de gallo on the side on a flour tortilla

BAGEL SANDWICHES White or Wheat

7.15 NO 1: Egg, bacon, cheddar & arugula

7.55 NO 2: Egg, turkey bacon, avocado, swiss & spinach

WRAPS Served with Red Salsa

NO 1: Scrambled egg, bacon, potato & cheddar on a flour tortilla NO 2: Avocado, fried egg, arugula & cheddar on a flour tortilla

OATMEAL

4.50

NO 1: Oatmeal, strawberries, blueberries mixed with local honey

NO 2: Oatmeal, banana, chia seeds mixed with local honey

Bundles & Bowl

ALL BUNDLES & BASKETS SERVE 8-10 PEOPLE

50

BUNDLE 1

Assortment of breakfast wraps & breakfast tacos

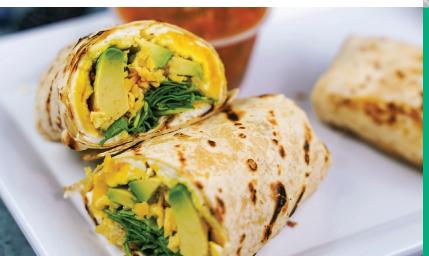
60 BUNDLE 2

Yogurt bowls & Oatmeal

FRUIT BOWL

45

Assortment of freshly seasonal chopped fruits & berries



Breakfast Beverages

LAVAZZA COFFEE

96 oz. **26**

1 gallon **45**

Fresh Sqeezed

COLD PRESSED JUICE 16 oz. 10.95

HYDRATE + RECOVER

Watermelon, lime, mint **ANTI INFLAMMATORY**

Pear, cucumber, ginger

IMMUNITY

Carrot, apple, ginger

ORANGE JUICE

HEALTHY SKIN

Pineapple, coconut, vanilla

DETOX Kale, celery, carrot, apple

PERFORMANCE BOOST

Beet, apple, carrot, orange zest







Order@hsgreen.menu 832.498.2652

hsgreen.menu/catering

Some of our menu items contain nuts, seeds, dairy or shellfish. Please consult a manager for any dietary concerns.

NO ARTIFICIAL FLAVORS

NO PRESERVATIVES

NO ARTIFICIAL COLORS



CATERING MENU

PLACE YOUR ORDER

EMAIL: Order@hsgreen.menu

PHONE: **832.498.2652**

ONLINE: hsgreen.menu/catering

HS Green is a health conscious new American bistro. Serving salads, wraps, bowls, grilled features, juices, beer & wine. At HS Green all our food is made from scratch with no shortcuts.

Our food never has MSG, preservatives, additives, artificial flavoring, coloring or corn syrup. All our sauces, dressings, aioli's, and salsa are made from scratch in house. We use real whole ingredients in all our food. We take our customers' health and well being seriously. We serve great quality food at a fair price, our Moto is "Do something good."

> \$100 Order minimum 10% Gratuity Flat rate delivery

VEGETABLE CRUDITÉ TRAY 🗊 V 🐠 50 With choice of jalapeño ranch, or hummus **DESSERT TRAY**

SERVES 8-10 PEOPLE

CHIPS & GUACAMAME 65 V

Guacamole with edamame

HUMMUS & FLATBREAD 💷 V 🐠

CHIPS & SALSA 65 V (16)

1 gallon **25**

Mango, Black Currant & Black Tea HOUSE LEMONADE 1 gallon **35**

LAVAZZA COFFEE 96 oz. **26**

BOTTLED WATER Each 3 Sparkling or Still

COCONUT WATER Each 4

SODA Each 3 Coca Cola, Diet Coke, Root Beer

> Soups 5.25 PRICE PER PERSON

TORTILLA 🝱

TEA

SOUP OF THE DAY

Group Trays

FRUIT TRAY 65 V (16) SMALL (Serves 8-10) 85 LARGE (Serves 18-20)

33 **SMALL** (6 Cookies & 6 Brownie Bites) 66 MEDIUM (12 Cookies & 12 Brownie Bites)

112

LARGE (24 Cookies & 24 Brownie Bites)

Group Salad Bowls

MEDIUM SALAD BOWL Serves 8-10 75 LARGE SALAD BOWL Serves 18-20 150 EXTRA DRESSING 16 oz. 8 32 oz. 16

Group Wrap Trays CHOICE OF FLOUR OR WHEAT TORTILLA

SMALL WRAP TRAY 10 Wrap Halves MEDIUM WRAP TRAY 16 Wrap Halves LARGE WRAP TRAY 20 Wrap Halves 125

PRICE PER PERSON. SERVED BUFFET STYLE. INDIVIDUAL BOXES AVAILABLE UPON REQUEST.

CHICKEN TACO 4.95 Grilled chicken with chipotle aioli, red onions, tomatoes, cilantro, on a corn tortilla with lime SHRIMP TACO 5.95 Grilled shrimp with chipotle aioli, purple cabbage, red onions, tomatoes, cilantro, on a corn tortilla with lime TURKEY CHILL 9.95 Scallions, cheese, served with chips

GRILLED HERB CHICKEN BREAST 65 V 14.25 Grilled chicken breast served with lemon garlic herb oil, garlic mashed potatoes, roasted broccoli and cherry tomatoes

GRILLED SALMON 65 21.65

Lemon butter white wine sauce, with a half lemon

GRILLED CHICKEN AVOCADO SANDWICH 13.88 Grilled chicken breast with chipotle aioli, avocado, tomato, lettuce, turkey bacon, on a toasted pretzel bun

PRICE PER PERSON. SERVED BUFFET STYLE. INDIVIDUAL BOXES AVAILABLE UPON REQUEST.

SEASONAL VEGETABLE QUINOA BOWL 💷 V 🐠 11.95 Quinoa, avocado, eggplant, mushrooms, broccoli, butternut squash, almonds, cranberries, red onion, with mint citrus vinaigrette **ADD TOFU OR CHICKEN \$3.50**

SHANGHAI SOY GINGER CHICKEN BOWL 55 V 14.65 Grilled chicken breast, sautéed onions, mushrooms, carrots, snow peas, over brown rice with light soy ginger sauce

THAI SHRIMP QUINOA BOWL 💷 V 🐠 15.50 House infused green curry sauce, shrimp, quinoa, snap peas, carrots, and onions garnished with basil

TULUM GRILLED CHICKEN MANGO HABANERO BOWL 💷 V 🐠 13.95 Grilled chicken breast, corn, black beans, tomatoes, cilantro, lime, guacamame,

GF GLUTEN FREE not prepared in a Certified Gluten-Free kitchen

over brown rice, tossed with a mango habanero sauce

V VEGETARIAN Items are Vegetarian if protein is swaped for Tofu

Items are Vegan if protein is swaped for Tofu

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Salad Power Box

EACH BOX INCLUDES 1 SIDE 15.95 OR 2 SIDES FOR 18.95

CHIPS, FRUIT, BROWNIE OR COOKIE

THAI GRILLED CHICKEN SALAD 65 V 16

Grilled chicken, kelp noodles, purple cabbage, spring mix, cilantro, jicama, mango, mint, red chilies, cashews, toasted sesame seeds with spicy Thai dressing

GRILLED CHICKEN SALAD 65 V 06

Grilled chicken, romaine, spring mix, jicama, mango, avocado, cherry tomatoes, spiced pecans with mint citrus vinaigrette

KALE CHICKEN CAESAR SALAD

Grilled chicken, kale, romaine, parmesan, pine nuts, dried cranberries, roasted garlic, croutons with Caesar dressing

SALMON GINGER SALAD 65 V V6

Salmon, spring mix, purple cabbage, shredded kale, edamame, jicama, mango, cilantro, toasted sesame seeds with Japanese ginger dressing

SOUTHWEST STEAK SALAD 65 V 06

Flank steak, romaine, spring mix, cilantro, avocado, tomatoes, red onions, corn, black beans, tortilla strips with lime cilantro dressing

STRAWBERRY HARVEST SALAD 💷 V

Spring mix, kale, spiced pecans, goat cheese, strawberries, red onions, cucumber with mint citrus vinaigrette **ADD TOFU OR CHICKEN \$3.50**

Wrap Power Box 15.95

CHIPS, FRUIT, BROWNIE OR COOKIE

SOUTHWEST SPICY CHICKEN WRAP V

Grilled chicken, spring mix, cilantro, avocado, tomatoes, red onions, corn, black beans, chipotle aioli with lime cilantro dressing

ROASTED MEDITERRANEAN WRAP V

Eggplant, arugula, sauteed chickpeas, caramelized onion, and hummus mixed or on the side with mint citrus vinaigrette

KALE CHICKEN CAESAR WRAP

Grilled chicken, kale, romaine, roasted pine nuts, parmesan, dried cranberries with Caesar dressing

STEAK WRAP V

Flank steak, romaine, roasted corn, tomato, red onion, cucumber, garlic aioli with mint citrus vinaigrette

BUFFALO CHICKEN WRAP V

Crispy chicken, tossed in buffalo sauce, romaine, cucumbers, tomatoes, celery, red onion with jalapeño ranch dressing